

**FOCUS MENTAL HEALTH SOLUTIONS, PLLC  
MENTAL HEALTH INTAKE FORM**

**All highlighted fields are required.**

Date: \_\_\_\_\_

Full Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

What brings you to Focus Mental Health Solutions?

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What has been a recent stressor to you lately? (e.g., Family, job, loss of loved ones, financial issues)?

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**SAFETY:**

Do you currently have thoughts of hurting yourself? If yes, please explain.

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Have you tried to hurt yourself in the past? If yes, please explain.

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Do you currently have thoughts of hurting anyone else? If yes, please explain.

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Allergies: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**Current Prescribed Medications:** Medication name and dosage

_____	_____
_____	_____
_____	_____

**Current over-the-counter medications or supplements:**

_____	_____
_____	_____
_____	_____

**Current medical problems:**

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**Past Psychiatric History:**

**Have you ever received psychiatric outpatient treatment?** ( ) Yes ( ) No

If yes, please provide reason, dates treated and by whom.

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**Have you ever been hospitalized for psychiatric reasons?** ( ) Yes ( ) No

If yes please provide reason, dates hospitalized and where?

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**Past Medical History:**

**Past medical problems, non-psychiatric hospitalization, or surgeries:**

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Have you ever had an EKG? ( ) Yes ( ) No If yes, when \_\_\_\_\_

Was the EKG ( ) normal ( ) abnormal or ( ) unknown?

Date of last physical exam: \_\_\_\_\_

During your mother's pregnancy and birth with you, were there any complications?

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**Past Psychiatric Medications:** If you have ever taken any of the following medications, please indicate the **dates, dosage**, how helpful they were, and **side-effects** (if you can't remember all the details, just write in what you do remember).

**Antidepressants:**

Prozac(flouxetine)\_\_\_\_\_

Zoloft(sertraline)\_\_\_\_\_

Luvox(flvoxamine)\_\_\_\_\_

Paxil(paroxetine)\_\_\_\_\_

Celexa(citalopram)\_\_\_\_\_

Lexapro(escitalopram)\_\_\_\_\_

Effexor(venlafaxine)\_\_\_\_\_

Cymbalta(duloxetine)\_\_\_\_\_

Pristiq(desvenlafaxine)\_\_\_\_\_

Wellbutrin(bupropion)\_\_\_\_\_

Remeron(mirtazapine)\_\_\_\_\_

Serzone(nefazodone)\_\_\_\_\_

Anafranil(clomipramine)\_\_\_\_\_

Pamelor(nortriptyline)\_\_\_\_\_

Tofranil(imipramine)\_\_\_\_\_

Elavil(amitriptyline)\_\_\_\_\_

Trintellix(vortioxetine)\_\_\_\_\_

Viibryd(vilazodone)\_\_\_\_\_

**Other**\_\_\_\_\_

**Mood Stabilizers:**

Tegretol (Carbamazepine)\_\_\_\_\_

Lithium\_\_\_\_\_

Depakote (valproate, valproic acid)\_\_\_\_\_

Lamictal(lamotrigine)\_\_\_\_\_

Topamax(topiramate)\_\_\_\_\_

Trileptal (oxcarbazepine)\_\_\_\_\_

**Other**\_\_\_\_\_

**Anti-anxiety medications:**

Xanax(alprazolam) \_\_\_\_\_  
Ativan(lorazepam) \_\_\_\_\_  
Klonopin(clonazepam) \_\_\_\_\_  
Valium(diazepam) \_\_\_\_\_  
Tranxene(clorazepate) \_\_\_\_\_  
Buspar(buspirone) \_\_\_\_\_

**Other** \_\_\_\_\_

**Antipsychotics/Mood stabilizers:**

Haldol (haloperidol) \_\_\_\_\_  
Prolixin(fluphenazine) \_\_\_\_\_  
Seroquel(quetiapine) \_\_\_\_\_  
Zyprexa(olanzapine) \_\_\_\_\_  
Geodon(ziprasidone) \_\_\_\_\_  
Invega(paliperidone) \_\_\_\_\_  
Fanapt(iloperidone) \_\_\_\_\_  
Saphris(asenapine) \_\_\_\_\_  
Latuda(lurasidone) \_\_\_\_\_  
Abilify(aripiprazole) \_\_\_\_\_  
Clozaril(clozapine) \_\_\_\_\_  
Risperdal(risperidone) \_\_\_\_\_  
Vraylar(cariprazine) \_\_\_\_\_

Rexulti(brexpiprazole) \_\_\_\_\_  
Nuplazid(pimavanserin) \_\_\_\_\_

**Other** \_\_\_\_\_

**Sedative/Hypnotics:**

Ambien(zolpidem) \_\_\_\_\_  
Lunesta(eszopiclone) \_\_\_\_\_  
Belsomra(suvorexant) \_\_\_\_\_  
Sonata(zaleplon) \_\_\_\_\_  
Rozerem(ramelteon) \_\_\_\_\_  
Restoril(temazepam) \_\_\_\_\_  
Desyrel(trazodone) \_\_\_\_\_

**ADHD medications:**

Adderall(amphetamine) \_\_\_\_\_  
Dexedrine(dextroamphetamine) \_\_\_\_\_  
Concerta(methylphenidate) \_\_\_\_\_  
Ritalin(methylphenidate) \_\_\_\_\_  
Focalic(dexamethylphenidate) \_\_\_\_\_  
Vyvanse(lisdexamfetamine) \_\_\_\_\_  
Strattera(atomoxetine) \_\_\_\_\_  
Intuniv(guanfacine) \_\_\_\_\_  
Kapvay(clonidine) \_\_\_\_\_

**Other** \_\_\_\_\_

**Women Only:**

Are you currently pregnant or think you might be pregnant? ( ) Yes ( ) No

Are you planning to get pregnant in the near future? ( ) Yes ( ) No

Birth control method \_\_\_\_\_

How many times have you been pregnant? \_\_\_\_\_ How many live births? \_\_\_\_\_

Date of last menstrual cycle: \_\_\_\_\_

\_\_\_\_\_  
**Signature of Patient (Legal or Personal Representative)**

**Date:** \_\_\_\_\_

\_\_\_\_\_  
**Signature of Parent/Guardian/Legal or Personal Representative**

**Date:** \_\_\_\_\_

**(Please Indicate your legal authority to act for this patient)** \_\_\_\_\_